

## FORCED TO URINATE UNDER THREAT OF VIOLENCE:

3/2/26

In prison inmates are randomly selected to do U.A. drug tests from time to time, which is fine and good. This article in no way is meant to diminish the importance of U.A. drug testing in prison. Drugs in prison is a rampant problem and every time a drug dealer or consumer is found, faces disciplinary action, and is moved, the prison is made a little safer for non-drug offenders like myself.

The problems that non-drug offenders like myself face with U.A. drug testing is the policies around how they are administered.

During a U.A.:

- Once an officer says that you have a U.A. you must immediately drop everything and follow them to a holding cell or bathroom. You cannot even drink a little water before.

- Once an officer notifies you, you have exactly two hours to "produce" by urinating in a cup while they watch.

- If you try and cannot produce right away and ask for your whole two hours, they can fail you for failing on the first try. If they are nice they will let you wait and try again after drinking only two small styrofoam cups of water.

- You cannot have a bowel movement at all during the whole process. If you poop your pants or request to sit and poa real quick before, they will fail you, unless they are REALLY nice!

- You must stand, you cannot sit.

- Finally they watch you the whole time, and are impatient, and if you are shy, or nervous, or have stage fright, too bad! If you fail to produce —

If you fail to produce, or your urin is too light or deluted, you will get a write-up worse than if you are dirty, and be moved to the most dangerous part of the prison where people are stabbed every few days!

They do not care if you have a medical issue with urinating. They do not care if you have meds, like fiber, that make your pee deluted. They do not care if you have a muscle disorder, like Central Core disease, that makes it hard to urinate while standing up; like I do.

I get so nervous while getting U.A.ed that my, (excuse this content,) by all my anxiety, that my penis shrivels up, and I can't pee if the fate of the world depended on it, and my life DOES depend on it! I have a muscle disorder; if I get moved into gang-land I can't defend myself and I will be killed. Only a few months ago a gang went into a shower where a sex-offender was naked and gang-stabbed him to death all over his body.

Even though I have never done drugs in my whole life, the requirements of U.A.s scare me to death, so badly, that it is leading to a full blown psychological break-down. By a miracle I passed my last U.A. with only ten minutes to spare. I was ten minutes away from being sent to certain death. People have had their eyes cut out and been thrown over the teir, and worse, in Gunnison, and here.

There is NO reason for a two hour time-limit. There is NO reason why officers should have to watch us in person rather than over a camera. There is no reason why delutes should not be given a second chance, or why we can't give a blood-test instead.

Sincerely Sam-